

ই-জাপি

জানুৱাৰী ২০২৫
প্ৰথম বছৰ প্ৰথম সংখ্যা



ই-জাপি

তিনি মহীয়া ই-আলোচনী



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শুভেচ্ছা বাণী

নয়দাস্থিত অমমীয়া ৰাইজৰ কল্যাণকাৰী অংঘটী বিগত বছৰবোৰৰ দৰেই আকৌ এবাৰ অমুঠীয়াকৈ ভোগানী বিঃ উদযাপন কৰিবলৈ ওনোৱা বুলি জানি আনন্দিত হৈছে। দিন্লীৰ ঠেঁটুৱৈ নগা শীতৰ প্ৰকোপ ভেদি ভোগানীৰ মেজিৰ জুট্টয়ে সকলো নয়দাবাসী অমমীয়াৰ জীৱন উত্তাপিত কৰি ৰাখক, ভোগানীৰ অম্বুদ্ধিয়ে বছৰ বছৰ জুৰি আপোন মানুহথিনিক মান্নিধ্য দি থাওক, পিঠাপনাৰ জুটিয়ে আটাটীৰে দেহ মন মিঠা কৰি যাওক, এয়ে মোৰ আশা আৰু কামনা।

সামাজিক জীৱ হোৱা হেতুকে আমাৰ পৰিচয়ৰ আধাৰ হ'ল কৃষ্টি। অমমীয়া সমাজ এটি দিশত অত্যন্ত চহকী, কাৰণ প্ৰতিটো শ্বতুক উছবমুখৰ কৰি ধৰি ৰাখিব পৰাকৈ আমাৰ অজস্ৰ সাংস্কৃতিক সমন আছে। তাৰেই মাজত জাকত জিনিকাকৈ বিঃ, যাক নেপাতি থাকিব নোৱাৰে। ভোগানী বিঃটি একেলগে পাতি, ভাত এমাজ একেলগে থাটী আমি নয়দাৰ অমমীয়াথিনিয়ৈ আমাৰ কৃষ্টিৰে বৰ্ণিন পৰিচয়টো আকৌ নিকপকপিয়া কৰো আহক।

গৌৰাঞ্জন দাস

ভাৰত চৰকাৰৰ বৈদেশিক পৰিঃমা মন্ত্ৰানয়ৰ
পূব এছিয়া বিভাগৰ মূৰব্বী যুটীয়া অচিব

A FEW WORDS FROM THE PRESIDENT...

It is with great pleasure that we announce the launch of the E-version of JAPI after a hiatus of many years. The Assam People's Welfare Association (APWA), established in 2013, was founded with the aim of uniting the people from Assam residing in Noida, Greater Noida, and Ghaziabad under a common platform. Our objectives include promoting the rich tradition and culture of Assam, especially in Delhi-NCR, and exposing the generation born outside Assam to its cultural heritage. We take immense pride in the significant achievements of our association in this regard, though we acknowledge that we still have many milestones to reach.

Over the past year, in addition to celebrating the two Bihus - Bohag and Bhogali, APWA has undertaken numerous activities, including welfare initiatives. We have extended support to members facing medical emergencies and other needs, and have donated furniture and other items to old-age homes and orphanages. Furthermore, the association is actively promoting sports activities among the inhabitants of Delhi-NCR from the North East region. We hope readers will gain a glimpse of these activities through this magazine.

This year, we have rented an office in Noida Haat to facilitate our operations and serve as a meeting point. However, our quest for a permanent office continues, and we remain hopeful of achieving this goal in the near future. We are confident that our young and active members will fulfill the long-standing requirements of the association.

We would like to extend our gratitude to Sri Uday Bhaskar Borah and Ms. Yasmin Rahman for taking on the responsibility of bringing out the E-magazine. We aim to publish it quarterly or at least bi-annually. This E-magazine will provide a platform for our members to express their literary creativity and serve as a source of diverse information. We also hope that non-members will also find ample material for an enjoyable read.

In conclusion, I would like to extend my best wishes for a happy Bhogali Bihu to all our members, their families, friends, and all readers.

Thank you,
Dr. Bhupendra Kr. Sarma
President, APWA
Ph: 9818791978

AN EXCERPT FROM THE SECRETARY'S REPORT PRESENTED AT THE AGM, 21ST SEPTEMBER 2024

Venue:

Noida Auditorium, Ishaan Music School, P-19, Block P, Sector-12, Noida

ACHIEVEMENT OF THE YEAR

Taking over the charge

The newly elected Executive Committee taken the charge from the outgoing committee on the day of Magh Bihu celebration on 13th January 2024 and jointly conducted the Magh Bihu.

8th Rongali Bihu Celebration of APWA at Noida Haat on 20th April 2024

First time initiatives

- 1) We have designed and hoisted APWA's Flag.
- 2) The APWA's anthem is also prepared and officially launched.
- 3) For the first time we have taken a rented hall and do all the rehearsal for the Bihu Husori.
- 4) Bihu Dhol, Gagana, Tal, Sutuli, Toka etc. are procured from Assam for the Bihu Husori and is handed over to the team for Bihu practice.

APWA's Online Library

A library is launched for the benefit of the members of the APWA, around 300 books are available now. One can find out in the website and those who are interested can access and enjoy reading.

New office Inauguration

On 21st of July 2024 we have started a new rental premises as our office at G-4, Noida Haat, Sector-33, which was officially started with a Ganesh Puja followed by get to gather with our members.

Independence Day celebration

- APWA's representative has officially participated with the invitation from the Ministry of Defence, Government of India, in the Independence Day Ceremony held on 15th August 2024 at the Red Fort, Delhi where the national flag was hoisted by the Hon'ble Prime Minister of India.

- We the team from APWA visited the **Apni Sanskriti Charitable Foundation**, an Old Age Home located at B-80, Sector-71, Noida where, besides meeting the inmates we distributed sweets, fruits and three divan bed with mattress.
- On the other event the family members of the APWA visited one of the **Orphanage Home at Ramakrishna Vivekananda Mission**, Sector 26, Noida, Uttar Pradesh 201301: where a Cultural exchange program, gift distribution, and light refreshment organised. Finally we also sponsored the dinner for the orphanage inmates on this special day.

Antaranga Aalaap

A program with a difference - Antaranga Aalaap was organised by the APWA on 24th August 2024 at Noida Haat, where we invited a distinguished person **Mr. Gourangal Das, IFS, Joint Secretary (East Asia), Ministry of External Affairs, Govt. of India**. The full house gathering well appreciated the events loudly, and also getting a very positive response in the media.

Annual General Body Meeting- 2024 & “সুৰৰ বাটেৰে” - A Cultural Evening as a tribute to the musical legends - Dr. Bhupen Hazarika and Jayanta Hazarika

- Honouring the bright children of APWA Members for the year 2024:
- Sports Achievers' Recognition Program 2024 - An initiative of APWA toward sports promotion & fitness.
- Presentation of the Audited Accounts statement
- Amendment proposal for certain clause in APWA's constitution
- A Cultural Evening- as a tribute to the musical legends - Dr. Bhupen Hazarika and Jayanta Hazarika.

Future plan for the year

- Celebration of the Magh Bihu
- It is in a planning stage for educating Assamese language to our children
- Starting a Yoga programme

Akash Choudhury
Gen. Secretary, APWA
Ph: 98183 75571

-শ্ৰদ্ধাঞ্জলি-



Kaushick Kisur Borkakoty

(30 July 1990 – 27 October 2024)

**In loving memory of this young man, who brought
nothing but “pure joy” for
his loved one...**

**Kaushick found his essence of life in loving and caring
for people around him.**

A true artist found his peace through music and writing...

**You will be missed everyday but your small deeds of
kindness will be remembered
forever...**

*Lakshmi Borkakoty (Maa)
Keshab Borkakoty (Deuta)
Joyeeta Nandini Boruah (Wife)
Darsana and Pratiksha (Sisters)*

-श्रद्धाञ्जलि-



On Thursday, December 19, 2024, **Dilip Kumar Borgohain** (age 85) entered the zone of eternal rest. He is survived by Kabita Borgohain, his beloved wife of 57 years, 2 daughters - Sabrina and Karishma and 3 grandsons – Arhan, Aryavrat and Rahil. An accomplished Engineer and a “people’s” person, he made an impact on the lives of many people who came in touch with him – either from school, college, workplace and even younger generation. His life and lifestyle reflected honesty, simplicity and child-like optimism.

Born in a middle class respected educated family in Sivasagar in 1939, he completed his schooling from “Sivasagar Government High School” in 1955. He graduated from Cotton College with first class honors in Chemistry in 1959 and then completed his graduation from Delhi College of Engineering (currently Delhi Institute of Technology) in the year 1963.

Soon after, he embarked on a path of engineering excellence. He joined Guwahati Refinery as trainee engineer in 1964. He was entrusted with the responsibility of commissioning the first LPG plant in Assam during the initial years of his career which he did successfully within a short span of time. Being associated with Petroleum Industry, he received a scholarship to do post graduate diploma in Hydrocarbon Processing from Milan, Italy in 1969 which he completed successfully. After serving Guwahati Refinery and then Gujarat Refinery in Baroda (Gujarat), he switched over to BRPL (presently BGR) in 1973. He was associated with BRPL in various capacities in leading positions till he retired in 1997 as Director (Commercial). In-fact, he was the person who has commissioned Crude Distillation Unit (the start up unit that gave shape to the present BGR). During his tenure in BRPL, he had to travel extensively overseas to give shape to the erstwhile integrated Petrochemical Complex.

Being a passionate traveler, he enjoyed exploring new places and countries and meeting new people of different cultural backgrounds. His zest for life, and wanderlust remain intact till three years back and visited altogether 37 countries during his lifetime.

He left behind a rich legacy of hope, optimism and CHILD-LIKE CURIOSITY till his last breath which endeared him to people across generations, whoever came in contact with.

The Man in the Sky

There is a Man in the sky,
His existence for some people is a why,
He is the Almighty and he is the God,
He has a heart so loving and broad.

Some say he lives in heaven
Some say there's a hell too,
Pure ones have a place near him,
The nasty ones are sent to the Hell's brew.
There are many questions on his existence,
There are rumours of his presence too,
If you want to see him there,
You need to have the faith in you.

He doesn't have only one name,
He loves all his children the same,
He didn't tell us to divide the world apart,
It's the people who build the mall and the mart.

Religion is for people,
People are not for religion,
God is said to be found in every region,
Every pillar and in every pigeon.

The Man in the sky,
The Man in the sky,
His existence is not a why,
We want to be near Thee Almighty when we die.

Kaushick Kisur Borkakoty
(With the Man in the Sky, surrounded by the stars)

মাঘোৰ দম্হী :

মাঘ বিহু- বৰপেটা সত্ৰ আৰু বৰপেইটা পৰম্পৰাৰে

বিহু অসমৰ জাতীয় উৎসৱ আৰু মাঘ বিহু বা ভোগালী বিহু সকলোৰে প্ৰাণৰ। হয়তো বিভিন্ন ধৰণৰ খাদ্য জড়িত হৈ থকাৰ বাবেই ই যেন আমাৰ মন-প্ৰাণ মুহি থাকে। সমগ্ৰ অসমতে ইয়াক ঠাইভেদে বিভিন্ন ৰীতি-নীতিৰে পালন কৰা হয় যদিও বৰপেটাত ইয়াক সত্ৰীয়া পৰম্পৰাৰে পালন কৰা হয়। কিয়নো সমগ্ৰ বৰপেটাৰ আচাৰ-বিহাৰ সত্ৰৰ সতে জড়িত।

বৰপেটাৰ লোকসকলৰ বাবে বিহুক দম্হী (দোমাহী) বুলি কোৱা হয়। সেইদৰে মাঘবিহু হৈছে মাঘৰ দম্হী। বিশেষকৈ বৰপেটাবাসীৰ বাবে মাঘ বিহু অতি জনপ্ৰিয় য'ত সত্ৰীয়া আৰু স্থানীয় পৰম্পৰাৰে বিহু পালন কৰা হয়। এই দম্হী ভোগৰ দোমাহী মানে পিঠা, লাৰু, মা-কাড়ে, সান্দহ আদিৰ মিঠা সোৱাদ।

বৰপেটা সত্ৰত মাঘ বিহু এক সুকীয়া ধৰণেৰে পালন কৰা হয়। শ শ বছৰ ধৰি পৰম্পৰাগতভাৱে পালন কৰি অহা বৰপেটা সত্ৰৰ জনসাধাৰণৰ একতাৰ মূল উৎস দোমাহী। পৰম্পৰাগতভাৱে পালন কৰি অহাৰ দৰে ই স্বাভাৱিকতে জনসাধাৰণক ঐক্যৰ এক সুতাত একত্ৰিত কৰে আৰু এই একতা আমাৰ দুজনা গুৰু মহাপুৰুষ শ্ৰীমন্ত শংকৰদেৱ আৰু মহাপুৰুষ শ্ৰীশ্ৰী মাধৱদেৱে তেওঁৰ বৈষ্ণৱ ধৰ্মৰ জৰিয়তে গঢ়ি তুলিছিল আৰু পৰৱৰ্তী সময়ত মথুৰা দাস বুড়া আতাই ইয়াক সুকীয়া পৰ্য্যায় দিছিল।

অসমৰ প্ৰায়বোৰ ঠাইতে সংক্ৰান্তী (অৰ্থাৎ পুহ মাহৰ শেষৰ দিনাই) মাঘ বিহু পালন কৰা হয় যদিও, বৰপেটাত সেই দিনা উৰুকাহে পালন কৰা হয়। উৰুকাত ল'ৰাবোৰে বেগ্না (বিৰিণা বন) ৰ লগত ভেলা ঘৰ বনাই গোটেই ৰাতি ধেমালি কৰি আৰু তেওঁলোকে বনোৱা “ভেলা ঘৰ”ত ভোজ খাই আনন্দ কৰে। এই ভেলাঘৰ আজিৰ আধুনিক কালত হেৰাই যোৱাৰ উপক্ৰম হলেও, গোটেই নিশা জুই জ্বলাই ৰখি থকা পৰম্পৰা আজিও আছে। এই জুই জলোৱা ঠাইকনক “গাতা” বুলি কোৱা হয়। এই গাতাৰ কাষত “চৌকা” বনাই “আলুভাজী” ৰন্ধাটোও এক বৰপেটীয়া পৰম্পৰা। যিসকলে নিশা আলু খাব নেপায় তেওঁলোকৰ সকলোৰে

ঘৰে ঘৰে ৰাতিপুৱা আলুভাজি বিলোৱা হয়। বৰপেটাত এই উৰুকাৰ ৰাতিটোক “ভেলামাগ” বোলা হয়।

ই প্ৰত্যেক চুবুৰিতে সকলোৱে মিলি পালন কৰে। আগতে উৰুকাৰ নিশাই সকলোৱে মিলি ভোজভাত খাইছিল যদিও, আজি ই সম্পূৰ্ণকৈ সেইদিনাই ভোজভাত খায় বুলি কোৱাটো ভুল হ'ব। কিন্তু বৰপেটাৰ প্ৰতিখন হাটী (কেইবাতাও চুবুৰীৰ লগ হৈ একোখন হাটী হয় আৰু বৰপেটাত চহৰত ২২ খন হাটী আছে)ৰ লোক সকলোৱে মিলি ৫ দোমাহীৰ ভিৰতৰত এক প্ৰীতিভোজৰ আয়োজন কৰে।

অসমৰ অইন ঠাইৰ দৰেই বৰপেটাতো মেজি হৈছে আনন্দৰ মূল উৎস। যুৱকসকলে “মেজি”ৰ বাবে “বিৰিণা” আৰু “নাৰা” লৈ আহে। মেজিত জুই জ্বলোৱাতোও এক উপভোগ্য পৰম্পৰা। এই মেজী বৰপেটা সত্ৰৰ তুপৰ চোতালত সজাৰ লগতে বৰপেটাৰ প্ৰতিখন হাটীৰ হাটীয়া ঘৰ (community hall)ৰ সন্মুখত সজা হয়। ৰাইজে ঘৰৰ পিঠা- লাডু খোৱাৰ আগতে মেজীৰ জুইত দি সেৱা জনায়। বৰপেটাত ইয়াক “মেজি পুওআ” বুলি কয়। ইয়াৰ পিছত ভক্তসকলে প্ৰসাদ বিতৰণ কৰে আৰু ৰাইজে মেজীৰ ছাইৰ “ফোট”লৈ যায় আৰু সৰুৱে ডাঙৰৰ পৰা সেৱা লয়।

মেজিৰ ছাই আৰু ঈশ্বৰৰ পৰা আশীৰ্বাদ লোৱাৰ লগতে শান্তি আৰু সমৃদ্ধিৰ বাবেও সত্ৰত প্ৰসংগ কৰা হয়। বৰপেটাৰ ৰাইজেও এই মুহূৰ্তৰ মনৰ বিশুদ্ধতাই তেওঁলোকক ইজনে সিজনৰ লগত একত্ৰিত হ'বলৈ বাধ্য কৰে। আৰু সত্ৰীয়া পৰম্পৰাৰ সৈতে এই পৰম্পৰা একেই আছে আৰু কোনো আধুনিকতাবাদে ইয়াক স্পৰ্শ কৰিব নোৱাৰে।

ভোগালী বিহুত সত্ৰীয়া পৰম্পৰাৰ সৈতে আন বহুতো কাম কৰা হয়। নাম- প্ৰসংগ সত্ৰৰ লোকসকলৰ অন্যতম মূল অনুষ্ঠান। বৰপেটা সত্ৰত মাঘ বিহু বা মাঘোৰ দম্হী ৫ দিন ধৰি পালন কৰা হয়। সংক্ৰান্তীৰ দিনৰ পৰা মাঘৰ ৪ তাৰিখলৈ ইয়াক পালন কৰা হয়। বৰপেটা সত্ৰ চৈধ্য প্ৰসংগৰ বাবে বিখ্যাত আৰু নাম-প্ৰসংগ অবিহনে কোনো সত্ৰীয়া প্ৰসংগ সম্পূৰ্ণ নহয়। এই সময়খিনিত নিত্য ১৪ প্ৰসংগৰ উপৰি কেইটামান ঘোষা\বৰগীত\যুগল অতিৰিক্তভাৱে গোৱা হয়। তদুপৰি সত্ৰৰ মঠৰ চোতালত নিতৌ “সৰু ধেমালি” বজোৱা হয়। ইয়াক ৫

দিনৰ বাবে বৰপেটাৰ বিভিন্ন বংশৰাৰ মাজত বিভক্ত কৰা হৈছে। প্ৰতিদিনে এক বংশৰাৰ গায়ন-বায়নেহে 'সৰু ধেমালি' পৰিবেশন কৰে। এই বংশৰা ক্ৰমান্বয়ে আঘোনা বায়ন বংশ, দক্ষিণ হাটী গায়ন-বায়ন, ভীমা বায়ন বংশ, সুদ্রধাৰ বংশ, গন্ধীয়া বংশ। ইয়াত কোনো বয়সৰ ধৰা-বন্ধা নিয়ম নাই। যিয়ে গায়ন আৰু বায়নত পাৰ্গত, তেওঁলোকে নিৰ্দিষ্ট বংশক প্ৰতিনিধিত্ব কৰে।

ইয়াৰ উপৰি বৰপেটা সত্ৰৰ অয়তীসকলে মাঘ বিহু উপলক্ষে এক বিশেষ অঅুষ্ঠানৰ আয়োজন কৰে।

মাঘ বিহুৰ প্ৰথম দিনা (১লা মাঘ) সত্ৰৰ আয়তীসকলে পুৱাৰ প্ৰসংগৰ পিছত, নাম- প্ৰসংগ গাই "মিঠা আমাৰ তাল"(কেটেকী বাৰী) লৈ যায় (এক নিকতৱৰ্তী গুৰুজনাৰ চানেকী পৰা ঠাই)। ইয়াক "চৰিত টোলা" বুলি কয় আৰু ই আয়তীসকলৰ প্ৰধান পৰম্পৰা আৰু ইয়াক চাবলৈ-শুনিবলৈ অতি মোহনীয়া। এই চৰিত টোলাত আয়তীসকলে আমাৰ দুজনা গুৰুৰ লগতে অইন আতৈসকল (দুজনা গুৰুৰ সামসাময়িক শিষ্য)ৰ জীৱন আৰু পৰম্পৰাক স্মৰণ কৰে। এই "চৰিত টোলা" কাৰ্যসূচীত সকলো ভক্তপ্ৰাণ স্থানীয় আয়তীয়ে অংশগ্ৰহণ কৰে যদিও ভ্ৰমণকাৰী আয়তীয়েও অংশগ্ৰহণ কৰাত কোনো বাধা নাই আৰু সময়ে সময়ে বহুতো ভ্ৰমণকাৰীয়ে ইয়াত যোগদান কৰে।

বৰপেটাৰ এই সত্ৰ কেন্দ্ৰীক পৰম্পৰাক জীয়াই ৰাখিবলৈ বৰপেটাবাসীয়ে নিজৰ স্তৰত যৎপৰোনাস্তি চেষ্টা কৰি আহিছে আৰু কোনো আধুনিকতাবাদ আৰু কোনো কু-সংস্কৃতিয়ে এই পৰম্পৰাক ভাঙি পেলাব নোৱাৰিব বুলি সকলোৱে কইলাবাবাৰ ওপৰত বিশ্বাস কৰে। আৰু এইয়া কেৱল বৰপেটাবাসীৰ মাজত সত্ৰ কেন্দ্ৰীক পৰম্পৰা আৰু ঐক্যৰ বাবেই হৈ আছে আৰু আধুনিকতাই আবৰি ধৰিলেও কিছু পৰম্পৰা এনেকৈয়ে থাকিব।

আতাইলৈ মাঘৰ দ্ৰমহী (মাঘ বিহু)ৰ ভোগালী ভৰা শুভেচ্ছা যাচিছোঁ।

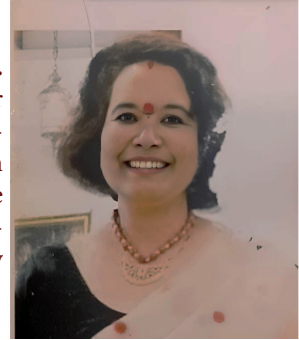
অঞ্জন দাস

চেষ্টাৰ ৩৫, নয়দা,

ম'বাইল: ৯৮৯১১৭২২২৭

Heartiest Congratulations...

We proudly extend our heartfelt congratulations to **Mrs. Dipanjali Dutta**, a respected member of APWA, on her historic appointment as the President of the Assam Association, Delhi. Established in 1947, the Assam Association is a prominent socio-cultural organisation representing the Assamese community in the Delhi NCR region. Mrs. Dutta's election is a remarkable milestone, as she becomes only the second woman to lead the association in its distinguished 77-year history.



A retired Joint Director General (Jt DG) of the Military Engineering Service, Mrs. Dutta has had a distinguished career, earning numerous accolades from both the Air Force and the Indian Army. Recently, she was honored with the Excellence in Architecture Award by the Ministry of Defence (Army) during last year's MES Day celebrations, highlighting her significant contributions to the field. She is the wife of Mr. Romen Dutta, the visionary founder of APWA.

We look forward to a period of dynamic collaboration between the Assam Association and APWA under Mrs. Dutta's outstanding leadership.

We congratulate two exceptional young members of APWA, **Dikshit Rajkhowa and Neor Shandilya**, co-founders of **TheCodeYogi**. Their innovative startup has been selected as the "IT and Social Media Enabler" by Helping Hands, an NGO founded by Mr. Robin Hibu, IPS.

This partnership will empower Helping Hands with TheCodeYogi's advanced automation products. By optimizing service delivery, tracking, and analytics, TheCodeYogi will help the NGO enhance its IT infrastructure and social media presence. This data-driven approach will ultimately inform better decision-making and significantly amplify Helping Hands' social impact.

We applaud Dikshit and Neor's entrepreneurial spirit and dedication to using technology for social good. We wish them and TheCodeYogi continued success in their endeavors.

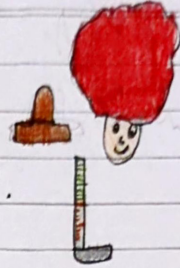


Topic _____

Date _____

We are Opposites!

I am wearing a wig which is big,
And you are wearing a wig which is small.
I am tall, taller than you,
You are short, shorter than who?



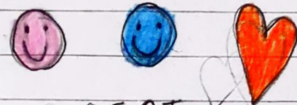
By my boss I get fired,
By your boss you get hired!
I am a carnivore,
But you are a herbivore.



I eat onions which are white,
You eat olives which are black.
I saw a child which is my enemy,
You found a child which is your friend.



Yet we are different,
We can still be friends.
And you can be my best friends.



BEST FRIENDS
FOREVER!

Hanswardhan Hazarika, Class-4

The Khaitan School, Noida

বৰপেটাৰ মাঘ বিহু আৰু ইয়াৰ বৈশিষ্ট্য

বিভিন্ন জাতি-জনগোষ্ঠীৰ বাবেৰহনীয়া উপকৰণৰে সমৃদ্ধ অসমীয়া সংস্কৃতিৰ বৰপেটাৰ ভিতৰত জুকিয়াই চালে আমি দেখিবলৈ পাম প্ৰতিখন ঠাই, প্ৰতিটো জাতি- জনজাতিৰ সুকীয়া সুকীয়া ৰীতি-নীতিৰ এক মেটমৰা সম্ভাৰ।

অসম আৰু অসমীয়াৰ হিয়াৰ আমঠু বিহুক বিহুবলীয়া অসমীয়াই প্ৰতিবছৰে বৰ উলহ-মালহেৰে তিনিবাৰকৈ পালন কৰে।

ইংৰাজী নববৰ্ষৰ প্ৰাৰম্ভণিৰ পৰাই আমি মাঘ বা ভোগালী বিহু উদযাপনৰ প্ৰস্তুতিত ব্যস্ত হৈ পৰো। পুহ আৰু মাঘ মাহৰ সংক্ৰান্তিত পালন কৰা এই বিহুত ভোজনবিলাসিতাৰ প্ৰভাৱেই অধিক। অসমীয়া কৃষিভিত্তিক সমাজখনে ৰ'দ-বৰষুণ কাটি কৰি পথাৰত কৰা কঠোৰ পৰিশ্ৰমৰ ফচল - সোণসেৰীয়া ধান আৰু নানাবিধ পাচলি লখিমীৰূপে ঘৰলৈ আদৰি আনে এই সময়ছোৱাতে। এই প্ৰাপ্তিৰেই আন এক ৰূপ হ'ল ভোগালী বিহু।

দুয়োজনা গুৰুৰ পদৰেণুৰে ৰঞ্জিত দ্বিতীয় বৈকুণ্ঠপুৰী নামে বৰপেটা সৰ্বজনবিদিত। সত্ৰনগৰী বৰপেটাৰ প্ৰতিটো ৰাজহুৱা সকাম-পৰ্বকে ধৰি সকলো দিশতেই থকা সত্ৰৰ প্ৰভাৱ তথা ভূমিকাই ইয়াক অসমৰ আন অঞ্চলৰ পৰা কিছু ব্যতিক্ৰম কৰি তোলে। সামগ্ৰিকভাৱে অসমত মাঘবিহুৰ যি পৰম্পৰা সেয়া বৰপেটাতো পৰিলক্ষিত যদিও ইয়াত কিছু স্বকীয় নীতি-পৰম্পৰাৰ বৈশিষ্ট্য দেখিবলৈ পোৱা যায়।

মাঘ বা ভোগালী বিহু নামৰ পৰিৱৰ্তে বৰপেটাবাসী ৰাইজে ইয়াক 'মাগোদম্হী' বুলিহে কয়। উচ্চাৰণৰ ক্ষিপ্ৰতা বৰপেটীয়া উপভাষাৰ এক বিশেষ বৈশিষ্ট্য। লোকজীৱন আৰু বৈষ্ণৱধৰ্মী সত্ৰকেন্দ্ৰিক পৰম্পৰাৰ সন্মিলিত ৰূপত পুহ মাহৰ সংক্ৰান্তিৰ পৰা মাঘ মাহৰ চাৰি তাৰিখলৈ বৰপেটা সমাজে মাঘ বিহু উদযাপন কৰে। দোমাহীৰ আগ নিশা সত্ৰৰ ঘাই দেউৰীজনে সকলো ভকত-বৈষ্ণৱ, সত্ৰীয়া সাংস্কৃতিক গোটৰ আগত আগলুক উৎসৱৰ বিষয়ে ঘোষণা কৰাটো বৰপেটা সত্ৰৰ এক পৰম্পৰা। মাঘ বিহুৰ এই সময়ছোৱাত সত্ৰৰ চৌহদত নিত্য-নৈমিত্তিক নাম-প্ৰসংগৰ উপৰিও 'চৰিত-তোলা' নামেৰে এক বিশেষ বৈষ্ণৱধৰ্মী পৰম্পৰাৰ

প্রচলন দেখা যায়। আয়তীসকলে প্রথম তিনিদিন ঘোষা-পদ গাই পদব্ৰজে গৈ সত্ৰৰ সীমামূৰত স্থিত নামঘৰ - বৰবাৰী, মিঠা আমৰতল আদিলৈ গৈ নাম-প্ৰসঙ্গৰ লগতে চৰিত তোলে।

বৰপেটা চহৰৰ সমাজজীৱন প্ৰত্যক্ষভাৱে কৃষিভিত্তিক নহলেওঁ ভোজনপ্ৰিয় বৰপেটাবাসীয়ে বৰ উলহ-মালহেৰে মাঘ বিহু উদযাপন কৰে। এইখিনিতে মন কৰিবলগীয়া যে যিসময়ত সমগ্ৰ অসমত পুহ মাহৰ শেষৰ দিনা মাঘবিহু পালন কৰা হয় বৰপেটাত সেইদিনা নিশাহে উৰুকাৰ আয়োজন চলে। সত্ৰৰ অন্তৰ্গত ২২খন হাটী(চুবুৰী)ত এক নিৰ্দিষ্ট ঠাইত দুই-আঢ়ৈফুট দ গাতঁ খান্দি গছৰ ডাঙৰ মুঢ়া জ্বলোৱা হয় আৰু গোটেই নিশা জুই পুৱাই হাটীৰ ৰাইজে শীতৰ উমাল আমেজ লয়। স্থানীয় ভাষাত ইয়াক ‘গাতাঁ ৰখা বা ধুনি পুওৱা’ নামে জনা যায়। কেতিয়াবা দম্ছীৰ ৰাতি হাটীৰ ডেকা ল’ৰাহতে মনে মনে ওচৰ-চুবুৰীয়াৰ জেউৰা আনি গাতাৰ জুইত জাপি দিয়ে অথবা গৃহস্থৰ দুই-এপদ বস্ত্ৰ লুকুৱাই থৈ আনন্দ লভে। গাতাঁ ৰখাৰ সুবাদতে প্ৰতিখন হাটীতে ৰাইজে মিলি সমূহীয়াভাৱে আলু ভাজা খায়। যি ব্যঞ্জন ‘গাতাৰ আলু’ নামেৰে জনপ্ৰিয়। আনকি বিহুবুলি ঘৰলৈ অহা আলহীকো গাতাৰ আলুৰে আপ্যায়ন কৰি তেওঁলোকে পৰম আনন্দ লভে। এই ‘গাতাঁৰ আলু’ খোৱা বিৰল নিয়মৰ প্ৰচলন অসমৰ আন ঠাইত আছে বুলি মোৰ মনে নধৰে। উৰুকা বা দম্ছীৰ দিনা নিশা প্ৰতিখন হাটীৰ ভান্ধী(ভড়ালী)য়ে হাটীৰ ভড়ালত থকা সম্পদ, পুঁজিৰ জমা-খৰছ, ঋণ(সুতবিহীন) আদায় আদিৰ হিচাপ সমাজৰ উপস্থিতিত ৰাজহুৱা কৰাটো তাহানিৰে পৰা চলি অহা এক পৰম্পৰা।

মেজি আৰু ভেলাঘৰ মাঘ বিহুৰ অবিচ্ছিন্ন অংগ। অসমৰ আন ঠাইত নৰা বা কাঠ খৰিৰে মেজি সজা হয়, কিন্তু তাৰ পৰিৱৰ্তে বৰপেটাত বেণ্ণা(উলু বা বিৰিণা) ব্যৱহাৰ কৰিহে মেজি সজা হয়। প্ৰায় ৭-৮ দিনমান আগৰে পৰা হাটীৰ বুঢ়া-ডেকা সকলো মিলি পথাৰলৈ বেণ্ণা কাটিবলৈ যায় আৰু পনীয়া মিঠৈ আৰু দৈৰ সৈতে চিৰাৰ জুতিও লয় পথাৰত। বৰপেটাৰ মেজি আৰু ভেলাঘৰ জাক-জমকতা আৰু আধুনিকতাৰ আশ্ৰাসনৰ পৰা সম্পূৰ্ণ মুক্ত। ইয়াত সজা মেজিবোৰ ওপৰলৈ মেলাহী। মেজিবোৰ সাজিবলৈ নিৰ্দিষ্ট কৰা ঠাইখিনিত ৭-৮ফুট ওখ

কলগছ এজোপা ওলোটাকৈ পুতি তাৰ সৈতে বাঁহৰ খুটি সংযোগ কৰি সেইবোৰত বেন্নাবোৰ মুঠি মুঠিকৈ বান্ধি গুজি দিয়ে। মাটিৰ পৰা ২ ফুটমান ওপৰত বেন্ন পকাই পকাই সজা ৰচীৰ সহায়ত মেজিটো ভালদৰে বান্ধি ভূমিটো মজবুত আৰু ধুনীয়াকৈ সজায় লোৱা হয়। বৰপেটাৰ কিছু কিছু ঠাইত ওচৰা-ওচৰিকৈ সৰু আৰু ডাঙৰ আকাৰৰ দুটা মেজি সজা দেখা যায়। সৰুটো কইনা মেজি বা প্ৰকৃতি আৰু আনটো দৰা মেজি বা পুৰুষৰ স্বৰূপ বুলি জনবিশ্বাসত প্ৰচলিত।

উৰুকাৰ পিছদিনা অৰ্থাৎ ১ মাঘৰ দিনা বৰপেটাত বৰদম্হী পালন কৰা হয়। সেইদিনা বেলিউঠাৰ পিছত হাটীৰ ভকত-বাপসকলে নদী বা পুখুৰীত গা-ধুই তিতি থকা গাৰেই ঘোষা-নাম এফাঁকি গাই উভতি আহে। হাটীৰ প্ৰতিটো পৰিয়ালে তেওলোকে অহা বাটত গামোচা পাৰি ফলমূলৰ শৰাই আগবঢ়ায় সেৱা লয় আৰু ভকত-বাপসকলৰ পদধূলি পৰা গামোচাখন পৰিয়ালে আশিসৰূপে গ্ৰহণ কৰে। তাৰপিছত ভকত-বাপসকলে মেজিৰ চাৰিওফালে ৭বাৰ প্ৰদক্ষিণ কৰাৰ অন্তত হাটীৰ বয়োজ্যেষ্ঠ ব্যক্তি এজনে হৰিধ্বনিৰে মেজিত অগ্নি সংযোগ কৰে। আই-মাতৃসকলে মাহ-কৰাই, পিঠাপনা মেজিৰ জুইত অপৰ্ণ কৰি অগ্নিদেৱৰ ওচৰত মঙ্গল কামনা কৰে। মেজিৰ ছাইৰ ফোঁট লয়। ইয়াৰ পিছত সত্ৰলৈ গৈ কৈলাবাবা(কলীয়া গোঁসাই)ৰ চৰণত সেৱা জনোৱাতো বৰপেটাৰ ৰাইজৰ যুগ-যুগান্তৰৰ পৰা চলি অহা পৰম্পৰা।

মাঘ মাহৰ পহিলা দিনটোৰ পৰা গোটেই মাঘ মাহ জুৰি সুবিধা অনুযায়ী প্ৰতিখন হাটীয়ে এটা নিৰ্দিষ্ট দিনত 'হাটীৰ খানা'(সমূহীয়া প্ৰীতিভোজ) ৰ আয়োজন কৰে নিজ নিজ হাটীত। জাতি-ধৰ্ম নিৰ্বিশেষে সকলোৱে এই খানাত আনন্দ-উলাহেৰে অংশ লয়। এয়া বৰপেটাৰ সম্প্ৰতি আৰু একতাৰ এক নিদৰ্শন বুলিয়েই ক'ব পাৰি।

পিঠা-পনাৰ উপৰিও মাঘ বিহুৰ সময়ত প্ৰস্তুত কৰা মাহ-কৰাই বৰপেটাত বিশেষ ধৰণেৰে প্ৰস্তুত কৰা হয়। এই ক্ষেত্ৰত কিছু লোকাচাৰৰ প্ৰভাৱ দেখা যায়।

বৰপেটাত বসবাস কৰা কুমাৰ সম্প্ৰদায়ৰ লোকসকলে হীৰামাটিৰে প্ৰস্তুত কৰা মাটিৰ চৰুত বিহুৰ পিঠা পনাৰ লগতে মাহকাড়ে(মাহ-কৰাই) ভজা হয়।

কাড়েৰ বাবে প্ৰয়োজনীয় বৰাচাউল, আলচাউল, তিল, মাহ, সোণালী মগু, বুট, গোটা মগু, বাদাম, নাৰিকল আদি পৃথক পৃথককৈ মাটিৰ চৰুত তপত বালিত ভজা হয়। এই সকলো উপাদানৰ সংমিশ্ৰণটোৰ সোৱাদেই সুকীয়া আৰু অনন্য। পিছে মানুহে গ্ৰহণ কৰাৰ পূৰ্বে প্ৰথম খলাটো অগ্নিক হৈ অৰ্পণ কৰা হয়। মাঘৰ কাড়ে ব'হাগলৈ সাঁচি ৰাখি যদি খোৱা হয় তেতিয়া দাঁত কঠিন হয় বুলি এক লোক বিশ্বাসো ইয়াৰ সৈতে জড়িত হৈ আছে।

পৰিৱৰ্তন সময় আৰু সংস্কৃতিৰ স্বভাৱজাত ধৰ্ম। পৰিৱৰ্তনশীল সময়ৰ সৈতে মিলিবলৈ গৈ বৰপেটাৰ সমাজ-সংস্কৃতিলৈও কিছু পৰিৱৰ্তন আহিছে। তথাপি কিছু সুকীয়া আৰু স্বকীয় বৈশিষ্ট্যৰে সমৃদ্ধ হৈ মাঘ বিহুৱে অসমৰ আন আন অঞ্চলত বৰপেটাৰ পৰিচয় অক্ষুণ্ণ ৰাখি আহিছে।

অৱশেষত সকলোলৈ ভোগালীৰ শুভাশিস যাচিলোঁ। সময়-সুবিধা মিলে আইভো একপাক বৰপেটাক দম্বী খাবা।

অৰুণাভা দাস

নয়দা



Debunking Common Myths About Oral Hygiene: What Dentists Want You to Know

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Oral hygiene is critical to maintaining a healthy smile and overall well-being. However, dentists often encounter myths about oral hygiene that can mislead people and contribute to poor dental health. Below, we explore common myths about oral hygiene, the truths behind them, and provide actionable oral hygiene instructions for a healthier mouth.



MYTH: BRUSHING HARDER CLEANS TEETH BETTER

Truth: Brushing too hard can damage your tooth enamel and irritate your gums, leading to gum recession and sensitivity. Effective cleaning comes from proper technique, not force.

How to Brush Properly:

- 1) Use a soft-bristled toothbrush.
- 2) Hold the brush at a 45-degree angle to your gums.
- 3) Use gentle, circular motions to clean all tooth surfaces.
- 4) Brush for at least two minutes, twice daily.

MYTH: BLEEDING GUMS ARE NORMAL

Truth: Bleeding gums are not normal and may indicate gingivitis (early-stage gum disease) or improper brushing technique. Persistent bleeding requires professional evaluation.

What to Do:

- 1) Brush and floss gently but thoroughly.
- 2) Visit your dentist or periodontist (gum care expert) if bleeding persists.
- 3) Avoid skipping your daily oral care routine, as neglect exacerbates gum issues.

MYTH: FLOSSING IS UNNECESSARY IF YOU BRUSH REGULARLY

Truth: While brushing cleans the visible surfaces of your teeth, flossing removes plaque and food particles from between teeth and below the gumline, where brushes cannot reach.

Flossing Instructions:

- 1) Use about 18 inches of floss, winding most around each middle finger.
- 2) Gently slide the floss between your teeth, curving it into a C-shape.
- 3) Move the floss up and down along each tooth, including under the gumline.
- 4) Use a clean section of floss for each tooth.

MYTH: ORAL HEALTH DOES NOT AFFECT OVERALL HEALTH

Truth: India is the diabetes capital of the world. Poor oral health, especially gum disease, have been proved, through numerous research papers to be linked to systemic conditions like heart disease, diabetes, and pregnancy complications. There is a two-

way relationship between diabetes and gum disease. People with diabetes are more likely to develop gum disease, and the disease can progress more quickly and severely and vice-versa, gum disease can negatively impact the blood sugar control. Keeping your gums healthy benefits your entire body.

Tips for Comprehensive Health:

- 1) Maintain a balanced diet rich in fruits, vegetables, and whole grains.
- 2) Avoid smoking and excessive alcohol consumption.
- 3) Schedule regular dental checkups to detect and treat issues early.
- 4) Tell the dentist your complete medical history and all the medications you are on at that particular moment as certain medications have an effect on the gums.

MYTH: MOUTHWASH CAN REPLACE BRUSHING AND FLOSSING

Truth: Mouthwash complements brushing and flossing but cannot replace their mechanical action in removing plaque and debris. It is a useful addition but not a substitute. Secondly, regular usage of mouth wash is not advised as side effects like staining of teeth and taste alterations can occur with prolonged use. Natural based like herbal mouthwashes can be used on a regular basis.

How to Use Mouthwash Effectively:

- 1) Choose an alcohol-free mouthwash to prevent dry mouth.
- 2) Chemical based mouthwashes are only meant to be used for a limited period or as prescribed by your dentist.

MYTH: GUM DISEASE ONLY AFFECTS OLDER ADULTS

Truth: Gum disease can occur at any age, with risk factors including poor oral hygiene, smoking, stress, and genetics. It is crucial to monitor gum health throughout life.

Prevention Tips for All Ages:

- 1) Encourage children to brush and floss daily.
- 2) Educate teens and young adults about the risks of smoking and poor diet.
- 3) Use fluoride toothpaste to strengthen enamel and prevent decay.

MYTH: ONCE GUM DISEASE STARTS, THERE'S NO WAY TO REVERSE IT

Truth: Gingivitis, the early stage of gum disease, is reversible with improved oral hygiene and professional cleanings. Advanced stages, like periodontitis, require more specialized treatments but can still be managed.

Reversal and Management Tips:

- 1) Follow a strict oral hygiene routine.
- 2) Seek professional cleaning every six months or more frequently if recommended.
- 3) Ask your periodontist about treatments like scaling, root planing, or laser therapy.

MYTH: BAD BREATH IS ALWAYS CAUSED BY POOR ORAL HYGIENE

Truth: Poor oral hygiene is a common cause, but bad breath can also result from dry mouth, certain foods, medications, or underlying health issues like sinus infections or gastrointestinal problems.

Combatting Bad Breath:

- 1) Brush your tongue or use a tongue scraper.
- 2) Stay hydrated to prevent dry mouth.
- 3) Chew sugar-free gum to stimulate saliva production.
- 4) Consult a dentist if bad breath persists despite good oral care.

MYTH: IF GUMS RECEDE, THEY'LL GROW BACK

Truth: Gum tissue does not regenerate naturally once it has

receded. However, treatments like gum grafting can restore lost tissue. Preventing further recession is vital.

Protecting Your Gums:

- 1) Avoid aggressive brushing.
- 2) Use a desensitizing toothpaste if you experience sensitivity.
- 3) Seek prompt treatment for bruxism (teeth grinding) or misaligned bites.

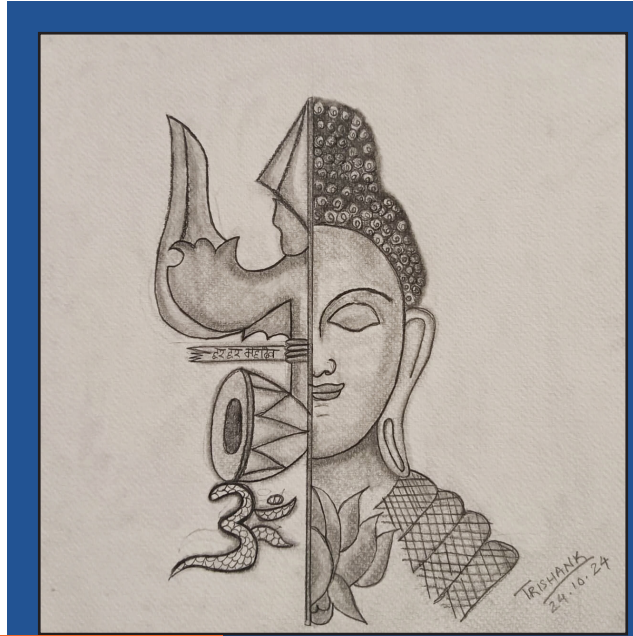
COMPREHENSIVE ORAL HYGIENE ROUTINE

To maintain optimal oral health, follow these steps:

- 1) Brush twice daily with fluoride toothpaste and a soft-bristled toothbrush.
- 2) Floss daily to remove plaque and debris between teeth.
- 3) Replace your toothbrush every three months or sooner if bristles are frayed.
- 4) Visit your dentist every six months for a professional cleaning and checkup.

By debunking these myths and following proper oral hygiene practices, you can protect your teeth, gums, and overall health for years to come. For personalized advice and care, consult a dentist or periodontist regularly!

Trishank Krishnatreya
Class V, Cambridge School,
Noida



অজান বাটৰ এটি সপোন

এটি বাট, অজানত হেৰোৱা,
সপোনৰ এটি ৰঙা চৰাইৰ দৰে উৰা।
ক'ত শেষ হ'ব জানো এই যাত্ৰা?
নাজানোঁ, তথাপি হিয়াত এটি আশাৰ মাত্ৰা।

দুকু দুৰুৱা বৰষুণৰ শব্দ,
জীৱনৰ হেঁপাহে স্তম্ভৰ তন্দ্রা।
য'ত কাল্পোন আৰু হাঁহিৰ সংগম,
তাতে মাৰ্থক হয় জীৱনৰ ৰং।

কেতিয়াবা ধুমুহা, কেতিয়াবা শান্তি,
পৰীক্ষাৰ পথত জীৱনে ৰচে গানটি।
তথাপি খমকি নৰয় মনৰ তাৰণা,
আশাৰ পোহৰে জ্বলি বতাহ।

প্ৰেমৰ উষ্ণতাই দুখক অস্ত্ৰোধে,
হাঁহি এটি বুকুৰ গভীৰতাৰে উৰে।
জীৱন এটি সপোনৰ পাহি,
য'ত আশা, জীৱন, আৰু সৃষ্টিৰ মৰাহী।

-মিতালী দাস

"SYSTEMATIC INVESTMENT PLAN (SIP)" AN EASY WAY OF INVESTING IN MUTUAL FUND

Rinki Deka

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(Author is the Proprietor of DBRD Finvest and an AMFI-registered Mutual Fund Distributor and engaged in distribution of financial products & tax planning.)

Mutual Funds have long been celebrated as a versatile investment option, offering a gateway to both debt and equity markets while bringing along a host of benefits for investors. MF is a type of investment assets class that pools money from multiple investors to invest in various securities such as stocks, bonds, money market instruments, and other assets. Returns generated from investments are distributed among the investors in proportion to their contribution after deducting applicable expenses & loads. Mutual Fund industry in India is regulated by Securities and Exchange Board of India (SEBI) & all related entities in the Industry like Fund Houses, Registrars, Employees, Distributors etc. must adhere to strict policies laid down by the Regulator. Here's an overview of mutual fund as a financial tool & how investing in mutual fund through SIP can benefited investors.



Fund invests in a variety of assets class to reduce risk & is professionally managed by fund managers who make investment

decisions based on market analysis. Investors can redeem their units at the prevailing Net Asset Value (NAV), that ensure liquidity of investment. Open ended fund can be redeemed directly with fund houses & closed ended fund can be sold in stock exchanges after getting listed in market.

There are various types of Mutual Funds like Open-Ended Funds which can be bought or redeemed at any time, Close-Ended Funds have a fixed maturity period, and units are traded on stock exchanges. There is another type called Interval Funds which operates as a mix of open and close-ended funds.

Based on investment objectives & assets classes mutual fund can be Equity Fund, Balanced Fund, Debt Fund, Hybrid Fund, Arbitrage Fund etc. Equity Funds primarily invest in shares & equity related instruments. Equity Funds can further be sub-divided as Large Cap, Mid Cap, Small Cap, ELSS Funds, Sectoral Funds, Thematic Funds etc. Similarly, Debt Funds also can be sub categorised as Liquid Fund, Overnight Fund, Short Term Bond Fund, Income Fund, Gilt Funds etc. Equity-Linked Savings Schemes (ELSS) Funds are primarily Equity Funds with salient features of Tax Savings u/s 80C of Income Tax & investments under this scheme have a lock in period of 3yrs.

The reason behind growing popularity in Mutual Funds as an investment tool is its features, flexibility & benefits of investing. Primarily features like Affordability in investing with low cost of managing assets, diversification in portfolio which reduces risk by spreading investments, professionally managed, research by expertise, transparency by way of disclosing portfolio & regular updates of unit's values (NAV). Further strict policies, ensuring transparency and regulatory guidelines laid down by SEBI for Investors' protection added into building confidence in the assets class.

Mutual Fund Industry is witnessing huge inflows into its schemes every month and its growing. Assets Under Management (AUM) of Indian Mutual Fund Industry as on **November 30, 2024 stood at**

Rs 68.08 Trillion (Rs 68.08 Lakh Crore). The AUM of the Indian MF Industry has grown from Rs 10.90 trillion as on November 30, 2014 to Rs 68.08 trillion as on November 30, 2024 more than 6 fold increase in a span of 10 years.

The total number of accounts (or folios as per mutual fund parlance) as on **November 30, 2024 stood at 22.08 crore (220.8 million)**, while the number of folios under Equity, Hybrid and Solution Oriented Schemes, wherein the maximum investment is from retail segment stood at about 17.55 crore (175.5 million).

The number of SIP accounts reached an all-time high of 10,22,66,590 in November 2024, up from 10,12,34,212 in October and 9,87,44,171 in September. Systematic Investment Plan (also known as SIP) plays an important role in growing industry Assets Under Management (AUM).

Why is Systematic Investment Plan or SIP so popular among investors?

Systematic Investment Plan as it is commonly known, is an investment methodology offered by Mutual Funds wherein unitholder can invest a fixed amount in a mutual fund Scheme periodically at fixed intervals (Daily/Weekly/Monthly) instead of making a lump-sum investment. The instalment amount could be as small as Rs 500 per month (very low entry barrier). SIP is similar to a recurring deposit where you deposit a small /fixed amount every month for a period of choice.

SIP is a very convenient method of investing in mutual funds through standing instructions to debit your bank account every month, without the hassle of having to write out a cheque each time. Here's why SIPs popularity is growing as an attractive investment tool:

Power of Compounding: With SIPs, your money earns returns, and those returns earn further returns over time. This compounding effect can significantly increase wealth when investments are held

for the long term under Growth option.

Rupee Cost Averaging: SIPs eliminate the need to time the market. By investing a fixed amount regularly, you purchase more units when prices are low and fewer units when prices are high. This strategy averages the cost of investment, reducing the impact of market volatility & timing the market.

Affordable and Flexible: SIPs allow investments to start with small amounts, making them accessible to all income groups. They can be increased, paused, or stopped based on the investor's financial situation at any time.

Discipline and Habit Formation: Regular investments inculcate financial discipline, helping individuals save consistently and systematically without waiting for lumpsum investable surplus. This ensures that money is allocated for investments before it can be spent impulsively.

Aligned with Financial Goals: SIPs can be tailored to match specific goals, such as retirement planning, child education, or wealth creation. Regular tracking ensures alignment with these objectives.

Conclusion: For those seeking a smart and disciplined way to grow wealth, Mutual Funds stand out as a trusted investment avenue. SIPs are a reliable and efficient tool to subscribe for MF investments, combining the benefits of discipline, affordability, and long-term wealth creation. By enabling small, regular investments in mutual funds, it offers a simple yet powerful tool for meeting long-term financial growth. By starting early and staying consistent, investors can achieve their financial goals and build a secure future. Mutual Funds offer the perfect blend of risk and reward across diverse market segments.

(Mutual Fund investments are subject to market risks, read all scheme related documents carefully before investing)

My Tryst with Destiny: Journey to the Parliament of India

By Ayaat Tahseen Hussain

Grade VIII, Pacific World School, Noida

On 2 October 2024, my school organized a special excursion to the Parliament of India, in memory of two legendary freedom fighters who played an important role in our country's independence— Mahatma Gandhi and Lal Bahadur Shastri. It was coincidentally

their birth anniversary as well on that day. Only twenty-four students were selected for the excursion, and I was lucky to be one of them. Full disclosure, there was no nepotism involved! We



all had to present a talk on Mahatma Gandhi and based on that our social studies teacher shortlisted the students. After all, even getting to visit the Parliament is perceived as an once-in-a-lifetime opportunity for most people, and I definitely agree with this sentiment.

The excursion began sharp at 7 am when everyone was waiting in the lobby with the teacher in charge, Ms. Sandipa Ghosh, who was going to be our chaperone. Then the familiar yellow-coloured Pacific World School bus arrived, and everyone piled into it, eager

to finally visit the Parliament. While most of the students sat in a cluster at the back, I sat in between two other friends of mine—Aakriti and Shipurna—right in front. The journey was over one hour long from the school, and we had to encounter a horrid traffic snarl, very close to our destination. We crossed several historical sites and monuments on our way, typical Delhi, you know! I could clearly spot Akshardham, Indraprastha Park and its famous stupa, Connaught Place, India Gate, the full-scale model of the ship outside the Coastguard headquarters, and many other famous landmarks. The most unexpected moment was when we reached the underpass near Pragati Maidan and everyone started cheering so loudly my poor ears couldn't handle the cacophony. Once we finally reached our destination, we got to see students from other schools waiting outside the main gate of the Parliament in neat rows. Before entering the main site, we had to go through a high security checking process, which I know is quite necessary but felt a bit awkward.

The first stop at the main site of the Parliament was the library building. There, we were given all sorts of snacks. We had already polished off our breakfast tiffins on the bus, so by now the proverbial mice were running a marathon in my stomach. I remembered what Mamma told me, not to be greedy, so I chose a plain coleslaw sandwich and a chocolate barfi from the mouth-watering selections of snacks. After eating, we went to see both main Parliament buildings —the Samvidhan Sadan (old) and the Sansad Bhavan (new). We took a group photo as a little token of memory in front of the Sansad Bhavan. Then, we finally entered the main building. The first thing we saw there was the famed Foucault Pendulum, which is a device determining the rotation of the Earth. After that, we saw some artefacts that were part of the Samvidhan Sadan, including the original version of the Constitution. Later, we went to view the two houses—Lok Sabha and Rajya Sabha—from their galleries. We found out that the green-coloured Lok Sabha

was based on the peacock (the national bird of India) and the red-coloured Rajya Sabha was based on the lotus (the national flower of India). On our way to the galleries, we saw many pieces of arts and crafts from India's different states.

After exploring the Sansad Bhavan, we entered the old Parliament building, the Samvidhan Sadan, for a special public



speaking function in honour of Mahatma Gandhi and Lal Bahadur Shastri, where a few students from each school spoke about these great statesmen. Listening to the speakers gave us a glimpse into what Mahatma Gandhi's early life was like, or what Lal Bahadur Shastri did before he became president. After the session, every school group took photos of the Parliamentarians (from different political parties of India), including Sonia Gandhi, Nitin Gadkari and Saket Gokhale.

It was almost time for us to go, so after the photo session, we bid adieu to the Samvidhan Sadan and the Sansad Bhavan, and went back to the library building to have lunch. I had simple fare as usual—white rice with paneer gravy and papadams. For dessert, we had ice cream and gulab jamun. We finally exited soon after lunch was done. Near the exit, we were gifted with handicraft bags that had an illustration of the Sansad Bhavan on them, and inside

the bags were copies of the current updated Constitution of India. All of us had a little sneak peek into them, and there we found the celebrated Preamble, describing what sort of nation India was aiming to be (a Sovereign, Socialist, Secular, Democratic Republic), and what qualities the nation wanted to secure for all of its citizens (Justice, Liberty, Equality and Fraternity to promote among all of them), which was exactly what we saw in the gathering. Although most students were from different schools of Delhi NCR, their families hailed from different regions of the country—Punjab, West Bengal, Karnataka, UP, Maharashtra, Kerala, and in my case, Assam. We even got a glimpse of the basic rules and regulations in later pages of the Constitution, especially the most important one—the Fundamental Rights. Sandipa Ma'am then made us thank the guide who helped us explore the Parliament and explained its various buildings and artefacts for our benefit. From there, we said goodbye to the Parliament and alighted our school bus, finally making our way back to school.

Going to the Parliament was an enthralling experience for me and, probably, everyone else who went with me as well. We even had some post-visit fun by singing songs on the way back. The long bus ride didn't seem as long somehow. Once we were back in school, everyone went to the lobby to wait for their respective parents. Off-topic, but I had a little conversation with my friend Shivanshi, regarding her troublesome younger brother. After my parents came to pick me up, they took me to have an evening meal at Alma Café and Bakery as a treat for the expedition. Munching on my macarons, I thought about what a wonderful day I had on 2 October 2024. I think I will note it down in my diary, so I can remember this special day.

RECOGNISING EXCELLENCE

At its annual General Body Meeting, APWA honoured the exceptional academic achievements of its members' children who distinguished themselves in the Class 12 Board Examination of 2024. These outstanding students were presented with Certificates of Excellence and awarded prize money.

| Rank | Name | Marks | Parents |
|----------------------------|---|--------------------|---|
| 1 st (Joint) | Shivangi Goswami (Billbong High International School, Noida; Stream: Arts) | 489/500 = 97.8% | Mr Manish Goswami and Mrs Chanda Goswami |
| 1 st (Joint) | Arsh Baruah (Mayur High School, Noida, Sector 126; Stream: Arts) | 489/500 = 97.8% | Mr Bidhan Baruah And Mrs Shatarupa Kashyap |
| 2 nd | Roshni Debaja (Amity International School, Sector – 44, Noida; Stream: Science) | 475/500 = 95% | Dr Debajit Palit and Dr Dipanwita Bhattacharya |
| 3rd | Kimaya Kashyap (Delhi Public School, Sector XII, R K Puram; Stream: Arts) | 474/500 = 94.8% | Mr Seuj Pratim Barman & Mrs Jahnabi Saikia Barman |

What the achievers say ...

"APWA's initiative to recognise student's achievements in academics is a highly commendable effort, which boosts student's confidence and inspires others to aim higher. Acknowledgment and encouragement from such an esteemed organisation undoubtedly motivates young minds to strive for excellence."



Shivangi Goswami
Pursuing BSc Psychology
at Christ University,
Yeshwantpur Campus,
Bangalore

"I think APWA is doing an amazing job of recognizing and encouraging students for their hard work and achievements across academics, sports, and extracurricular activities. As one of the awardees myself, I can confidently say it was an honour to go up on stage, be recognized with respect, receive the gamusa, and of course, the prize money. Initiatives like these not only celebrate the students' efforts but also inspire them to push past their limits and excel in their chosen domains."



Arsh Baruah
Pursuing BSc
Economics and Finance
from Shiv Nadar
University

"First of all, I would like to thank APWA for the recognition of my class XII result. APWA's initiative to recognize and encourage students is a wonderful way to inspire young minds. Getting acknowledged motivates one to do more to excel. It can also encourage other students to discover their potential & work towards achieving it."



Roshni Debaja
B Tech 1st Year, IIT
Bhubaneswar

"By celebrating achievements, APWA inspires young students to excel and represent their community on larger platforms. Such initiatives empower our youth to contribute meaningfully across various fields and amplifying the recognition of Assam's potential. I am truly grateful to APWA for providing this platform, which not only motivates individuals like me but also uplifts our collective future. Thank you for this opportunity to grow, learn, and serve our community."



Kimaya Kashyap
Pursuing dual degree course – CHD (BTech in Computer Science and Master of Science in Computing & Human Sciences by research) at IIIT Hyderabad.



Bishal Dev Goswami

(Roller Skating)

Parents:

Mr Pranjal Dev Goswami
Mrs Anusuya Goswami



Master Reyansh Sharma

(Roller Skating)

Parents:

Mr Moon Sharma
Mrs Himangshri Goswami



Miss Ritvi Sharma

(Roller Skating)

Parents:

Mr Moon Sarma,
Mrs Himangshri
Goswami

**Excellence in Sports
and Music...**
(Children of APWA's members)



Miss Baranyaa Dutta

(Yoga)

Parents: Mr Kalyan Dutta
Mrs Priyanka Dutta

**SANGEET JAGRATI KENDRA
(RHYTHM OF ARTS)**

(Affiliated By Prayag Sangeet Samiti, Prayagraj & Prachin Kala Kendra, Chandigarh)

Presents

"Jhankaar - 2k24"

(A Classical Dance, Singing and Instrumental Music Competition)

Sunday, 10th November, 2024



Master Tanmay Kumar

(Tabla)

Parents: Mr Chandan Kumar
and Mrs Urmi Lekha Medhi

Noida Assamese Table Tennis Tournament 2024: A Triumph of Sports and Brotherhood

Noida recently witnessed a historic sporting event with the successful conclusion of the **Noida Assamese Table Tennis Tournament 2024 - Season 1**. This tournament, played between players of North East domicile, aimed to foster brotherhood and unity within the community while showcasing exceptional sportsmanship. It was held on 22nd September 2024.

Organized by a dedicated group of sports enthusiasts, including Jibon Changkakoti, Arpan Sharma, Deepankar Baruah, Achyut Hatimuria, Priyanshu Bhattacharya and Anjan Mahanta, the tournament was held with high standards. Players and spectators alike commended the excellent facilities, including well-maintained TT tables and a top-notch play area.

The event saw spirited participation across various categories, and the results were as follows:

Cadet Singles - Mixed

Gender

Champion: Jennisa Bipul

Runner-up: Amlanjyoti

Das

Senior Singles - Female

Champion: Pallavi

Buragohain

Runner-up: Uppasana

Baruah

Master's Singles - Male

Champion: Gautam Das

Runner-up: Plabon Gogoi

Senior Doubles - Male

Champion: Jibon Changkakoti & Anupam Sharma

Runner-up: Ajay Singh & Abhilash Sharma

Senior Singles - Male

Champion: Jibon Changkakoti

Runner-up: Sankalpajit Singha

The event was not only a celebration of sports but also a testament to the strength of community ties. Participants expressed their satisfaction, praising the seamless organization and the camaraderie shared among players and supporters. The tournament has set a positive precedent for future editions, with the Noida Assamese community looking forward to more such events that promote both sporting excellence and cultural unity.



Noida's Lachit Warriors Clinch the Rhino Cup

Noida's Lachit Warriors emerged victorious in the 5th edition of the prestigious Rhino Cup, organized by the Rhino Club in Faridabad. In a thrilling final, Lachit Warriors faced off against the Unity of Delhi Police Team.



Batting first, the Unity of Delhi Police Team set a formidable target of 175 runs. However, Lachit Warriors' bowlers Kalyan Dutta and Jimmi Saikia shone, taking three wickets each to keep their opponents in check.

In the chase, Lachit Warriors' captain, Rajkumar Ajay Singh, led by example, scoring a magnificent century. His powerful and composed innings helped the team reach the target in just 17 overs, securing a well-deserved victory.

Ajay Singh's outstanding performance earned him both the Man-of-the-Match and the Best Batsman of the Tournament awards, capping off a memorable tournament for the Lachit Warriors.

List of Lachit warriors players who WON Rhino Cup:

Rajkumar Ajay Singh (C & WK), Rupam Deka (VC), Abhishek Sarmah, Avinash Mali, Bidish Goswami, Bidyut Hazarika, Deepankar Senapati, Jimmy Saikia, Kalyan Dutta, Milap Kashyap, Neor Sandhilya, Roktim Sharma, Sanjay Mohan, Saranga Saikia, Saustav Borah, Siddharth Ojah, Subhram Jyoti Lahkar, Sumanta Phukan, Kamalesh Medhi (Manager), Gurbax Matharu (Manager)



The Northeast Badminton Tournament (NEBT)

The Northeast Badminton Tournament (NEBT), organized by the Sunrise Sports Foundation (SSF) in collaboration with Helping Hands, concluded on

December 8, 2024, at Gymkhana AIIMS, New Delhi. A total of 160 players from various states in North-east India, including

Arunachal Pradesh, Meghalaya, Nagaland, Tripura, Manipur, and Assam, participated in the event. This was the first-ever tournament organized at any level for people of Northeast Indian origin residing in the Delhi NCR region.

The tournament aimed to include a diverse group of participants, ranging from youngsters and women to senior citizens, in addition to regular seasoned players. Beyond promoting physical fitness through sports, the event sought to foster a sense of brotherhood among Northeastern communities living in Delhi NCR. The tournament was inaugurated by Robin Hibu, Deputy General of Police (DGP) of Delhi Police, alongside M. Srinivas, Director of AIIMS New Delhi, on December 1, 2024.

The closing ceremony and prize distribution were graced by the presence of former IT Chief Commissioner Shri J.C. Pegu who is also a keen sportsman and sports organizer of national and international level and other distinguished guests from the Northeast.



APWA in Media

Interaction with Joint Secretary (East Asia), MEA Gourangal Das

OUR CORRESPONDENT

MANGAL DAL Singh Assam People's Welfare Association region of DELHI NCR while conducting its 10th Foundation... Gourangal Lal Das, a dedicated member of the Indian Foreign Service (IFS 1999)...

provide opportunities for the community to learn from interesting and meaningful conversations with these scholars and experts... The welcome address was delivered by the president of APWA, Dr. Bhupanka Kumar Sarma...

by Uday Bhaskar Bora, a prominent member of APWA's executive committee. Covering extensive areas of time, from childhood to his interests... The main event commenced with the interview with Gourangal Das, conducted



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দৈনিক পূর্বোদয়

সংযুক্ত বিদেশ সচিব (পূৰ্বী এশিয়া) কে সাথ এপিডব্লুএ কী বিশেষ বৈঠক

গোৱালী, ২৪ আগষ্ট (পূ.সং.) সংযুক্ত বিদেশ সচিব (পূৰ্বী এশিয়া) জৈৰাংগাল দাসক (জৈৰাংগাল দাস) কে ১০টা অধ্যয়ন বিষয়ৰ ওপৰত আন্তঃবিভাগীয় বৈঠক অনুষ্ঠিত কৰা হয়।



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তেওঁ গৌৰাংগাল দাস
৬ বৈভৱে কুৰাম দাস

বিভাগীয় সচিব (পূৰ্বী এশিয়া) জৈৰাংগাল দাসক (জৈৰাংগাল দাস) কে ১০টা অধ্যয়ন বিষয়ৰ ওপৰত আন্তঃবিভাগীয় বৈঠক অনুষ্ঠিত কৰা হয়।

ড° ভবেন্দ্ৰ নাথ শইকীয়াৰ গল্পৰ কথা কলে গৌৰাংগাল দাসে

নামানত বিদেশ সচিবৰ হুঁতুৱা সচিবৰ সৈতে এ দি উদ্ভিত এব অৱতৰল আলাপ

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APWA in Media



APWA in Media

নয়দাত এপিডব্লিউএৰ উদ্যোগত ভাষা গৌৰৱ সপ্তাহ উদযাপন

ষ্টাফ ৰিপ'ৰ্টাৰ, মুম্ব, ১২ নৱেম্বৰ : অসমীয়া ভাষাক ধ্ৰুপদী ভাষাৰ মৰ্যাদা প্ৰদান কৰাৰ বাবে অসম চৰকাৰৰ আদানমৰ্মে নয়া আৰু ইয়াৰ দৰ্শিত-কাৰ্যকৰী অঞ্চলত বাস কৰা অসমীয়া লোকসকলৰ দ্বাৰা স্থাপিত সামাজিক-সাংস্কৃতিক অনুষ্ঠান আছাম পিপলছ ৰেলফেয়াৰ এছ চিয়েচনৰ উদ্যোগত কালি নয়া হাটত অৱস্থিত এপিডব্লিউএৰ কাৰ্যালয়ত ব্ৰহ্মপুত্ৰ ভাষা গৌৰৱ সপ্তাহ উদযাপন কৰা হয়।

HOUSE RENT
Ground Floor for Office/
Bank.
Contact-8638802940
NEFT#13TH NOVEMBER,24
431712562043

Name Change
I, Sri Kulin Dihingia s/o Sri Bikash Dihingia resident of 2 no.Rongabanani Gaon,P.O.- Rajgarh, P.S. - Tingkhong, Dist-Dibrugarh have changed my name from Kulin Dihingia to Kulin Dihingia vide Court Affidavit S.I. No. 8102 dt. 8-11-2024

নান্দিং প্ৰশিককণ
ANM, GNGব নামভৰ্তি চলি আছে। কম ৰখত। গৌৰী সেৱাপীঠ, গুৱাহাটী।
Ph- 7086631497
8240279759
NEFT#13TH NOVEMBER,24
431649346451

NEFT#13TH NOVEMBER,24
431714303446

নাম সলনি
মই সিদ্ধান্ত সুন্দেৰ হৰপাল, শ্ৰী বিক্ৰম হৰপালৰ পুত্ৰ। অজি ইংৰাজীৰ তাৰিখ ৬/৭/২৪ বিষ্ণুনাথ জিলা ন্যায়ালয়ত মই মোৰ নামটো পুৰণি নাম সুন্দেৰ হৰপালৰ পৰা সিদ্ধান্ত সুন্দেৰ হৰপাললৈ সলনি কৰিলোঁ। এতিয়াৰে পৰাইই সকলো প্ৰাসংগিক নথি-পত্ৰত মোৰ নতুন নামটোৱে পৰিচিত হ'ব।
সিদ্ধান্ত সুন্দেৰ হৰপাল
পিতা- বিক্ৰম হৰপাল
বিষ্ণুনাথ

Affidavit
My grandfathers actual and correct name is KARUWA ORANG instead of SARUWA ORANG. Some in land documents his name is wrongly recorded as SARUWA ORANG. Its declared vide an affidavit before Notary Tezpur, Sonitpur on dated 18/07/2024.

MONTU ORANG
Rikamari, Missamari
NEFT#4/13TH NOVEMBER,24
431707806203

সভাৰ আৰম্ভণিতে উপস্থিত ৰাইজক আদৰণি জনায় এছ চিয়েচনৰ সম্পাদক আকাশ চৌধুৰীয়ে। সভাৰ উদ্দেশ্য ব্যাখ্যা কৰে কাৰ্যকৰী সদস্য ড° প্ৰদীপ কুমাৰ শৰ্মাই। ড° শৰ্মাই ধ্ৰুপদী ভাষাৰ বিষয়ে চমুকৈ ব্যাখ্যা কৰে আৰু এটা ভাষাই ধ্ৰুপদী ভাষাৰ মৰ্যাদা পাবলৈ কি কি চৰ্ত পূৰণ কৰিব লাগে সেই বিষয়ে চমুকৈ কয়। সভাত বিশিষ্ট অতিথি হিচাপে নেচনেল বুক ট্ৰাষ্টৰ অসমীয়া বিভাগৰ সম্পাদক দীপ শইকীয়াই অংশগ্ৰহণ কৰে। পদ্য আবৃত্তি কৰে ক্ৰমে কণমানি অৰুণিক সেনাপতি, অনুৰাধা বৰা মেধি, টিহাংকৰ কুমাৰ্ট্ৰেয় আৰু প্ৰিয়াসে বৰদলৈয়ে। উপস্থিত ৰাইজ কেইটামান জিভা কেঁচুদী পাঠ কৰি আমোদ লয়। সভাৰ উদ্দেশ্যৰ লগত সংগতি ৰাখি জ্যোতিপ্ৰসাদ আগৰৱালাসেৱে বচনা কৰা নুনক-ঠনাক অমিয়া বৰষা কবিতাটো আবৃত্তি কৰে নিলাক্ষি গোস্বামীয়ে। বিশিষ্ট অতিথি দীপ শইকীয়াই ধ্ৰুপদী ভাষা আৰু অসমীয়া ভাষাৰ ওপৰত এক সাৱলীল ভাষণ প্ৰদান কৰে। তেওঁ প্ৰথমে যি পুৰুষৰে ভিত্তিত এটা ভাষাক ধ্ৰুপদী ভাষা হিচাপে ঘোষণা কৰা হয় সেই বিষয়ে ব্যাখ্যা কৰে আৰু অসমীয়া ভাষাই কেনেকৈ এই চৰ্তসমূহ পূৰণ কৰে, তাৰ বিষয়ে বহলাই কয়। তেওঁ লগতে এটা ভাষাক ধ্ৰুপদী ভাষা হিচাপে ঘোষণা কৰাৰ পিছত ভাষাটোৰ কি লাভ হ'ব পাৰে, সেই বিষয়েও ৰাইজক কয়। পাছত তেওঁ অসমীয়া ভাষাৰ চমু ইতিহাস স্মৃতি ধৰে আৰু ভাষাৰ বিভিন্ন মুগলমূহৰ বিষয়ে কয়। সপ্তম শতিকাত কুমাৰ ভাস্কৰ বৰ্মাৰ কামৰূপ ৰাজ্যলৈ নিমন্ত্ৰিত হৈ অহা চীনা পৰিভ্ৰাজক হিচনেচ চাণ্ডে কামৰূপৰ ভাষা সম্পৰ্কে লিখি থৈ যোৱা টোকাৰ ভিত্তিত বহুত্ৰ ভাষা হিচাপে অসমীয়া ভাষাৰ আৰম্ভণি বৰ্ত শতিকাৰ মানৰ পৰা ধৰিব পাৰি বুলি শইকীয়াই উল্লেখ কৰে। তেওঁ কয় যে চতুৰ্থ শতিকাত ৰচিত মাহৰ কন্দলীৰ ৰামায়ণ হৈছে আৰ্য ভাষাত লিখা প্ৰথমখন ৰামায়ণ। ব্ৰিটিছৰ আগমনৰ পিছত বাংলা ভাষাৰ আগমনৰ বাবে অসমীয়া ভাষাই যি সংকটৰ সম্মুখীন হৈছিল আৰু পাছত আমেৰিকাৰ মিছনেৰীসকলৰ প্ৰচেষ্টাত কেনেকৈ এই ভাষাটো পুনৰ মৈ ধৰি উঠিছিল তাৰ বিষয়েও উল্লেখ কৰে। তেওঁ অকনোদায়, জোনাকী, বাঁহী, আৰাহন, শামসুন্নেছাৰ কথা উল্লেখ কৰে। এই অৱদান পিছলৈ প্ৰকাশ প্ৰাপ্তিক, গৰীমাসী আদিৰ জৰিয়তে এতিয়াও অব্যাহত আছে। শেষত তেওঁ আমি কিয় ভাষাটো শুদ্ধকৈ লিখিব নোৱাৰোঁ আৰু বানান ভুল কৰোঁ কিয়, এই বিষয়ে ভাষাবিদ আৰু সাহিত্যিক ৰমেশ পাঠকে তেওঁৰ 'অসমীয়া ভাষা চৰ্চক'ৰ বিষয়ে হাতপুথি শীৰ্ষক কিতাপত উল্লেখিত ১০টা কাৰণৰ বিষয়ে উপস্থিত ৰাইজক কয়। অসমীয়া ভাষাক ধ্ৰুপদী ভাষা হিচাপে মৰ্যাদা দিয়াৰ বাবে কৃতজ্ঞতা জনাই অসমীয়া নৱেম্বৰ মৌলিলৈ এপিডব্লিউএয়ে এখন ধন্যবাদ-পত্ৰ প্ৰেৰণ কৰিব আৰু এই পত্ৰখন পাঠ কৰি 'নয়া ড° প্ৰদীপ কুমাৰ শৰ্মাই।

শ্ৰী ৰূপে আৱণিষ্ঠা কৰিছে পিতৃয়ে। কৰ্মত ৰাটন সম্পৰ্কিত আচলপত্ৰত সৰুৰূপে আৱণিষ্ঠা কৰে।



প্ৰতিদিন বিশেষ সাক্ষৰ, মঙ্গলপুৰ, ১১ নৱেম্বৰ : অসমীয়া ভাষাক ধ্ৰুপদী ভাষা হিচাপে প্ৰদান কৰা উদ্যোগত অসম চৰকাৰৰ আদানমৰ্মে নয়া আৰু ইয়াৰ দৰ্শিত-কাৰ্যকৰী অঞ্চলত বাস কৰা অসমীয়া লোকসকলৰ দ্বাৰা স্থাপিত সামাজিক-সাংস্কৃতিক অনুষ্ঠান আছাম পিপলছ ৰেলফেয়াৰ এছ চিয়েচনৰ উদ্যোগত কালি নয়া হাটত অৱস্থিত এপিডব্লিউএৰ কাৰ্যালয়ত ব্ৰহ্মপুত্ৰ ভাষা গৌৰৱ সপ্তাহ উদযাপন কৰা হয়।

আছাম পিপলছ ৰেলফেয়াৰ এছ চিয়েচনৰ উদ্যোগ

নয়দাত ভাষা গৌৰৱ সপ্তাহ উদযাপন

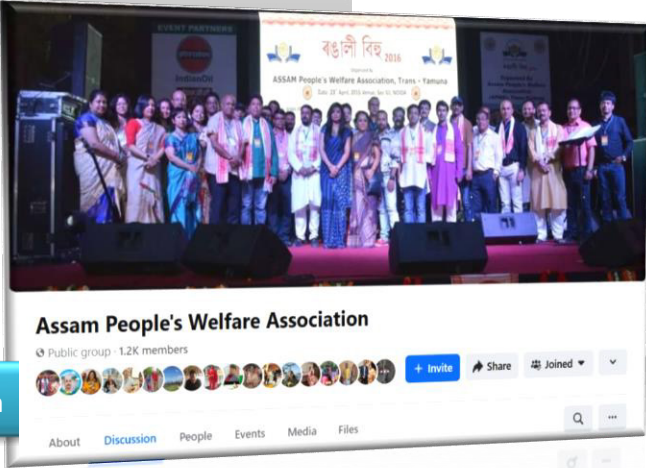
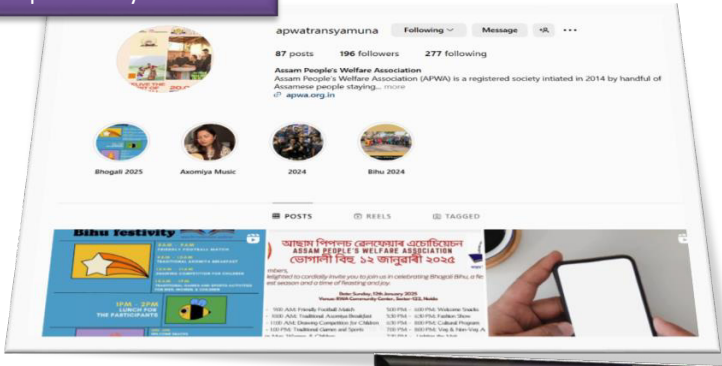
অসমৰ বাস কৰা অসমীয়া লোকসকলৰ দ্বাৰা স্থাপিত সামাজিক-সাংস্কৃতিক অনুষ্ঠান আছাম পিপলছ ৰেলফেয়াৰ এছ চিয়েচনৰ উদ্যোগত ১২ নৱেম্বৰত ব্ৰহ্মপুত্ৰ ভাষা গৌৰৱ সপ্তাহ উদযাপন কৰা হয়। এই উদ্যোগত অসম চৰকাৰৰ আদানমৰ্মে নয়া আৰু ইয়াৰ দৰ্শিত-কাৰ্যকৰী অঞ্চলত বাস কৰা অসমীয়া লোকসকলৰ দ্বাৰা স্থাপিত সামাজিক-সাংস্কৃতিক অনুষ্ঠান আছাম পিপলছ ৰেলফেয়াৰ এছ চিয়েচনৰ উদ্যোগত কালি নয়া হাটত অৱস্থিত এপিডব্লিউএৰ কাৰ্যালয়ত ব্ৰহ্মপুত্ৰ ভাষা গৌৰৱ সপ্তাহ উদযাপন কৰা হয়।

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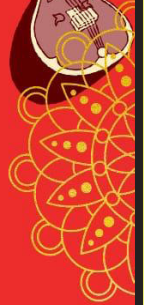
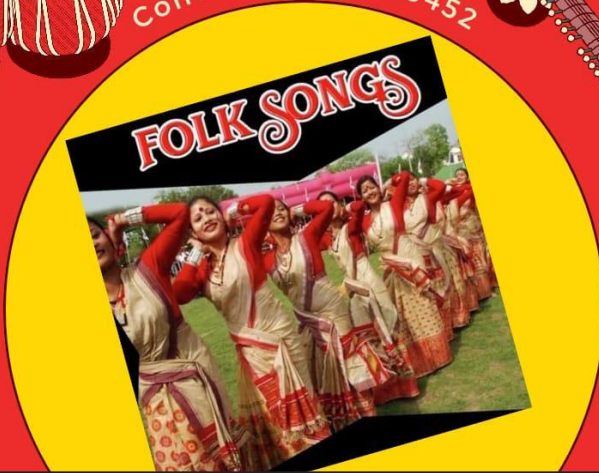
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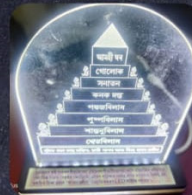
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**CONTACT
NO.**

87249940

85

ASSAM 2025

১৪৩১-১৪৩২ ভাষ্কৰাব্দ ১৯৪৬-১৯৪৭ শকাব্দ

অসম

| JANUARY | | | | | | | FEBRUARY | | | | | | | MARCH | | | | | | | |
|---------|-----|-----|-----|-----|-----|-----|----------|-----|-----|-----|-----|-----|-----|-----------|-----|-----|-----|-----|-----|-----|---|
| SUN | MON | TUE | WED | THU | FRI | SAT | SUN | MON | TUE | WED | THU | FRI | SAT | SUN | MON | TUE | WED | THU | FRI | SAT | |
| | | | 1 | 2 | 3 | 4 | | | | | | | 1 | 30 | 31 | | | | | | 1 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | |
| 26 | 27 | 28 | 29 | 30 | 31 | | 23 | 24 | 25 | 26 | 27 | 28 | | 23 | 24 | 25 | 26 | 27 | 28 | 29 | |
| APRIL | | | | | | | MAY | | | | | | | JUNE | | | | | | | |
| SUN | MON | TUE | WED | THU | FRI | SAT | SUN | MON | TUE | WED | THU | FRI | SAT | SUN | MON | TUE | WED | THU | FRI | SAT | |
| | | 1 | 2 | 3 | 4 | 5 | | | | | | 1 | 2 | 3 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | |
| 27 | 28 | 29 | 30 | | | | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 29 | 30 | | | | | | |
| JULY | | | | | | | AUGUST | | | | | | | SEPTEMBER | | | | | | | |
| SUN | MON | TUE | WED | THU | FRI | SAT | SUN | MON | TUE | WED | THU | FRI | SAT | SUN | MON | TUE | WED | THU | FRI | SAT | |
| | | 1 | 2 | 3 | 4 | 5 | 31 | | | | | 1 | 2 | | 1 | 2 | 3 | 4 | 5 | 6 | |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | |
| 27 | 28 | 29 | 30 | 31 | | | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 28 | 29 | 30 | | | | | |
| OCTOBER | | | | | | | NOVEMBER | | | | | | | DECEMBER | | | | | | | |
| SUN | MON | TUE | WED | THU | FRI | SAT | SUN | MON | TUE | WED | THU | FRI | SAT | SUN | MON | TUE | WED | THU | FRI | SAT | |
| | | | 1 | 2 | 3 | 4 | 30 | | | | | | 1 | 30 | 1 | 2 | 3 | 4 | 5 | 6 | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | |
| 26 | 27 | 28 | 29 | 30 | 31 | | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 28 | 29 | 30 | 31 | | | | |

List of Holidays

General Holidays 14th & 15th January: Magh Bihu & Tusu Puj, 23rd January: Netaji's Birthday, 26th January: Republic Day, 28th January: Gwthar Bhothu San (Baijath Puj), 31st January: Me-Dum-Meh-Pin, 12th February: Bar Chaliara Divas, 14th March: Dol Jatra, 31st March: Hi-Li-Fire, 14th, 15th & 16th April: Bohag Bihu, 18th April: Good Friday, 21st April: San Sathani Divas, 28th April: Titih of Damodar Dev, 1st May: May Day, 12th May: Buddha Purnima, 7th June: Hi-Uh-Zaha, 12th June: Jannotsav of Sri Sri Madhabdeva, 15th August: Independence Day, 25th August: Tirubhai Titih of Sri Sri Brimanta Shankardeva, 3rd September: Karum Puj, 12th September: Tirubhai Titih of Sri Sri Madhabdeva, 14th September: Jannotsav, 29th, 30th September & 1st October: Durga Puj, 2nd October: Vijaya Dashami/Jannotsav of Sri Sri Shankardeva/Birthday of Mahatma Gandhi, 15th October: Kati Bihu, 25th October: Kali Puj & Dwali, 23rd October: Bhairav Dwitiya, 28th October: Chhat Puj, 5th November: Gauri Nank's Birthday, 24th November: Lachit Divas, 2nd December: Assam Divas (Su-Ka-Pua Divas), 25th December: Christmas Day.

Restricted Holidays 1st January: New Year's day, 5th January: Rangdir Karkil, 13th January: Uruka of Magh Bihu, 17th January: Silpi Divas, 27th January: Buanu Dima Festival, 14th February: Shah-E-Barat, 18th February: Karbi Dehai Kachir-Dom, 19th February: Ahi Aye-Ligang, 26th February: Swaratri, 10th March: Khiring Khing Bhothu Puj, 28th March: Lalabar Qadar, 10th April: Mahabir-Jayanti, 16th April: Deuri Bihu, 18th April: Birthday of Gourdev Kalkaban Bheema, 15th April: Easter-Saturday, 2nd May: Titih of Gopul Dev, 12th May: Sati Radhika Utsav, 24th May: Meak Raja Swargoleo-Suramonda Singh Divas, 30th May: Titih of Hari Dev, 3rd June: Birthday of Sri Sri Krishnanugra, 11th June: Balikhowa Festival, 20th June: Death Anniversary of Bhatini Prasad Rabha, 30th June: Hud Divas, 13th July: Birthday of Nepali Poet Bhanu Bhaakta Acharya, 13th August: Death Anniversary of Bhonjong, 28th August: Nau Khat Festival, 9th September: Fateha-e-Dwar Daham, 16th September: Birthday of Sri Sri Thakur Anukul Chandra, 23rd October: Abirbhau Titih of Sri Sri Bhawanaray Saha Thakur, 1st November: Kasi Chawung Kut, 7th November: Wangsa Festival, 10th November: Bir Baghai Moran Divas, 24th November: Death Anniversary of Guru Tegh Bahadur Ji, 8th December: Gauri Nanki, 8th December: Sikpi Rupi (Harvest Festival of Hmar Community), 10th December: Martyr's Day, 24th December: Christmas Eve.

Half Holidays 6th October: Lakshmi Puj.

All 2nd & 4th Saturdays of the months will be observed as Holiday.
 ● Holidays ● Half-Holidays ● Restricted Holidays.